

The Lord's Prayer



When Jesus' first followers asked him how to pray, this is the prayer he taught them. It is known as The Lord's Prayer and was written down by Matthew in chapter 6 of Matthew's Gospel, his eye-witness account of Jesus' life.

*Our Father in heaven,
may your name be honoured.
May your kingdom come.
May what you want to happen be done
on earth as it is done in heaven.
Give us today our daily bread.
And forgive us our sins,
just as we also have forgiven those who sin against us.
Keep us from sinning when we are tempted.
Save us from the evil one.*

The Message version of the Bible puts it this way:

*Our Father in heaven,
Reveal who you are.
Set the world right;
Do what's best—
as above, so below.
Keep us alive with three square meals.
Keep us forgiven with you and forgiving others.
Keep us safe from ourselves and the Devil.
You're in charge!
You can do anything you want!
You're ablaze in beauty!
Yes. Yes. Yes.*

